



Placement Cell Organised

“WEBINAR ON FINANCIAL WELLNESS” ON 26.07.2025

Event Title: Webinar on Financial Wellness

Date: 26th July 2025

Organized for: MBA Students

Number of Participants: 69

1. Objective

The primary objective of the webinar was to enhance students' understanding of financial wellness by providing practical knowledge on budgeting, saving, investing, debt management, and long-term financial planning. The session aimed to equip future professionals with the skills required to make informed and responsible financial decisions.

2. Session Highlights

- Overview of *Financial Literacy* and its importance in personal and professional life.
- Key strategies for **budgeting and expense tracking**.
- Importance of **early investments** and understanding risk-return trade-offs.
- Guidance on **debt management** and avoiding financial pitfalls.
- Insights on **retirement planning** and building long-term wealth.
- Interactive Q&A session where students clarified doubts and shared perspectives.

3. Resource Person

The session was conducted by an experienced speaker **Monica Sachdeva**, who shared valuable insights backed by real-life examples and industry trends.

4. Outcomes

- Students gained awareness about the significance of managing personal finances effectively.
- Enhanced understanding of investment avenues and financial risk management.

- Motivation to adopt healthy financial habits from an early stage in their careers.

5. Feedback

Participants expressed that the webinar was highly informative and engaging. They appreciated the practical examples and tips that could be applied to their own financial planning.

6. Conclusion

The webinar successfully met its objective of promoting financial literacy among MBA students. With 69 enthusiastic participants, the session not only imparted valuable knowledge but also encouraged students to adopt responsible financial practices for a secure future.